



Check when a goal is achieved. It will take several drives to reach a goal. Only check a goal off if it is consistently performed without errors and without verbal instruction or support.

THE BASICS

Activity	Goal
Adjust the Seat Belts	U Wearing properly adjusted seat belts becomes a habit.
Adjust the Steering Wheel	Driver checks the feel of the wheel each time when getting into the driver's seat.
Adjust the Seat	Driver can easily adjust the seat each time.
Understanding the Car	Driver can easily tell you where the controls are and what they do.
Adjust the Mirrors	Driver adjusts mirrors as a habit before each drive.

DRIVING ENVIRONMENTS: Parking Lots

Activity	Goal
Backing Up	Driver backs up slowly and with control, knowing what's around at all times.
Stopping and Starting	Driver operates the car smoothly with control.
Introduction to Scanning	Driver develops a scanning routine and uses it consistently.
Introduction to Lane Positioning	Driver can easily follow a line and keep the car steady.







VIDEOS

DRIVING ENVIRONMENTS: Residential Roads

Activity	Goal
Speed Management	Driver maintains an appropriate and steady speed.
Uncontrolled Intersections	Driver shows a solid understanding of right-of-way procedures and turns into the appropriate legal lane.
Turning	Driver controls vehicle while turning and observes right-of-way procedures.
Controlled Intersections	Driver can safely manage intersections and identify potential hazards.
Driving Straight	Driver maintains position in the lane.
Hazard Detection	Driver recognizes and anticipates hazards well in advance and uses caution around them.
Right-of-Way	Driver is able to identify the right-of-way rules that govern each intersection prior to arrival.
Scanning and Hazard Detection	Driver looks in the direction the car is going and watches for potential hazards.





	TEENDRIVINGPLAN	
×	TEEN DRIVER SOURCE	

VIDEOS

DRIVING ENVIRONMENTS: Intermediate Roads

Activity	Goal
Lane Changing	 Driver is comfortable checking mirrors and blind spots and returning focus back to the road. Driver recognizes danger when looking in mirrors and blind spots. Driver recognizes the speed of other cars. Driver follows the steps correctly for safely changing lanes without needing any reminders.
Road Sharing	 Driver always checks blind spots. Driver is always aware of other road users.
Space Cushion	 Driver leaves space in front according to the rule of 1 second of space for every 10 mph. Driver maintains adequate space on all 4 sides of the vehicle.
Distance Estimation	 Driver leaves enough space in front of the car when stopped. Driver can judge how long it will take to slow down and stop.
Anticipating Others' Behavior	 Driver takes extra precautions when risky drivers are on the road. Driver avoids confrontation by staying calm and driving courteously.
Higher Speed Management & Preparedness	 Driver does not exceed the posted speed limit. Driver judges situations and traffic appropriately and makes the correct speed adjustments. Driver leaves the appropriate cushion of space around his or her car. Driver looks well ahead and is prepared to make the next speed adjustment.
Communicating with Others	 Driver understands ways to communicate his or her intentions and uses them on a timely basis. Driver looks for a "2nd signal" that confirms the intention of the other car like slowing down or starting to turn.
Managing Intersections	 Driver slows down well in advance of red lights and stop signs. Driver understands the distance it takes to stop for an intersection and leaves an appropriate distance when stopping.
Right-of-Way Controlled Intersection	 Driver knows who has the right-of-way. Driver identifies the point of no return. Driver understands stale versus fresh green lights. Driver stops prior to turning right on red. Driver starts slowing down prior to the intersection.





	TEENDRIVINGPLAN	
×	TEEN DRIVER SOURCE	

VIDEOS

DRIVING ENVIRONMENTS: Commercial Roads

Activity	Goal
Speed Management	 Driver looks far ahead for clues to determine need to adjust speed and react appropriately. Driver slows down by releasing the gas pedal and covering the brake. Driver resumes speed by moving foot to depress the gas pedal when appropriate.
Entering and Exiting Parking Lots	 Driver does not cause surrounding traffic to slow down or swerve. Driver can judge the gap between oncoming traffic and exits the parking lot when appropriate.
Space Cushion on Four Sides	 Driver responds to unexpected behaviors on the road safely and cautiously. Driver keeps as much space as possible on all four sides of vehicle. Driver adjusts the space cushion according to surrounding conditions.
Parking in a Lot	 Driver smoothly maneuvers in and out of parking spots. Driver understands the potential hazards in a parking lot and takes all necessary precautions. Driver checks for hazards before and during the maneuver and reacts appropriately to them.
Reacting to Other Drivers	 Driver scans a wider range in a commercial area and accurately predicts other road users' behavior. Driver covers the brake when potential hazards are present.
Intersections with Crosswalks	 Driver understands who has the right-of-way at every type of intersection. Driver makes left turns safely. Driver understands the gap necessary to enter traffic.
Increasing Awareness of Risks	 Driver identifies and reacts appropriately to direct risks and indirect risks. Driver looks for critical information and reacts accordingly.





	TEENDRIVINGPLAN	
×	TEEN DRIVER SOURCE	

VIDEOS

DRIVING ENVIRONMENTS: Highways

Activity	Goal
Entering and Exiting	 Driver consistently checks traffic to evaluate whether the gap is sufficient and his or her speed has matched the traffic. Driver yields right-of-way to through traffic. Driver plans ahead for the exit. Driver is comfortable waiting for the next exit if missed opportunity.
Navigating Using Signs	 Driver understands what signs mean. Driver reacts appropriately to highway signs. Driver does not divert attention from traffic while reading signs at high speeds.
Monitoring Blind Spots	 Driver checks mirrors every 20 to 30 seconds, or more if the highway is crowded. Driver does head checks for blind spots. Driver leaves extra space in front when following a truck.
Six Second Rule – Space Cushion	 Driver uses the six second rule to maintain space cushion. Driver adjusts speed according to traffic density. Driver does not tailgate.
Disruptions in Highway Traffic	 Driver identifies changes in traffic and adjusts accordingly. Driver is aware of how other drivers react to traffic disruptions.
Anticipating Others' Behavior on Highways	 Driver assumes the worst of other drivers; other drivers can act unexpectedly. Driver is aware of aggressive drivers well in advance and increases space cushion.
Lane Changing on Highways	 Driver correctly judges distance necessary to pass. Driver changes lanes and passes other vehicles appropriately. Driver allows other vehicles to pass or change lanes safely by adjusting the space cushion.
Speed Management	 Driver maintains or adjusts speed as needed. Driver is not intimidated by tailgaters to speed. Driver makes the necessary speed adjustments needed to accommodate varying road conditions.
Staying Out of Blind Spots	 Driver identifies other vehicles' blind spots and avoids driving in them. Driver knows trucks and buses have larger blind spots and leaves extra space. Driver repositions the car when traveling in someone's blind spot.





Activity Goal Passing or Yielding to Other Vehicles Driver pulls over early to allow safe passing. Driver is not afraid to stop to allow other vehicles to go by. Driver is courteous. Driver is courteous. Driver communicates with other drivers. Driver is aware of other vehicles behind his or her vehicle. Speed Management Driver never exceeds the posted speed limits. Driver oloks out for animals and other obstructions. Driver manages speed effectively. Driver employs caution when road conditions are poor.

ADDITIONAL CHALLENGES

Activity	Goal
Driving at Night	 Driver drives at the appropriate speed for the road conditions. Driver uses high beams appropriately. Driver drives with correct lane placement at night.
Planning Routes & Following Directions	 Driver prepares in advance and develops an easy to follow route. Driver keeps attention on driving and the road while navigating the route. Driver handles unexpected changes well.
Driving in Inclement Weather	Driver prepares the car before driving according to the conditions.
Potential Hazards in Each Environment	Driver identifies and looks for all the typical risks in every environment and keeps eye out for others.
Managing Distractions	□ Driver identifies distractions and actively minimizes them while driving.
What to Do in Emergencies	 Driver knows how to deal with the most typical emergencies: flat tire, car failure, accident, or getting lost. Driver keeps calm under pressure.